Chayon-Ryu rules of conduct--



"The dojang is for three activities: cleaning, meditating, and practicing. When one understands this, and acts on it, he or she is a good student." - Grandmaster Kim Soo

Chayon-Ryu is built on a philosophical foundation, to promote both body and character. Training is half physical and external, and half intellectual and internal. Certain basic rules have been established to maintain a professional and formal training environment, which has been a tradition for thousands of years in Asian Martial Arts. To train in Chayon-Ryu, all students (including black belts) agree to follow these rules:

General Rules-

- 1. Bare feet are required in the training area, unless the student has permission from Grandmaster Kim Soo, or their chief instructor at their branch school, to wear martial arts shoes due to injury. Before entering the dojang, place shoes in the area provided. <u>Do not leave your shoes in the walk way or traffic areas</u>. Neatly place them out of the way during class.
- 2. Students must have a proper uniform in order to participate in classes and rank tests at all branch schools and the World Headquarters. This means two patches on the front, the circular logo on the back of the jacket PLUS, the student's full name (first and last) under the school patch on the front left side of the jacket. A drawing of the proper placement of patches can be found in the uniforms and Hygiene section.
- 3. Cotton Sparring Equipment must cover the forearms and hands, shins and feet. Foam "safety punch" boots and gloves are not allowed, as they can cause injury. Mouthpieces, groin cups/chest protectors are all optional in the dojang, but recommended. Each student must have his/her own sparring equipment for rank tests. Mark pads with student's name, branch school and Chayon-Ryu ID number, in permanent ink. Students with special needs (i.e. musicians, medical students, artists, etc.) may wear additional hand protective equipment if approved by Grandmaster Kim Soo, though forearms must still be protected with cotton pads.
- 4. Each student will have a bag to carry the jacket, belt, mouthpiece, sparring pads, and any other needed equipment. <u>Kids must learn to pack and carry these bags themselves</u>. The bags are left INSIDE the dojang during classes.
- 5. When students are wearing their uniforms, they are to sit on the floor. If they are not wearing a uniform (observing a class, visiting), they may sit on the furniture.

- 6. All students—whether wearing a uniform or not—will rise and repeat the *Dojang Hun* when it is said before class and tests.
- 7. Students should use the restroom before class. If you must leave the class, for any reason, bows out, and quietly exit the dojang causing as little disruption as possible.
- 8. Tuition and membership fees- All students are responsible for their account. <u>PAY ON TIME</u>. Tuition payments are due on time, each month at the first class meeting of the month at roll call. Payments can be made by check, cash or online via PayPal. It is your responsibility to make your payments on time and keep your membership in good standing. Likewise, with rank testing fees. They should be paid on the date of your test. Failure to do so will result in your not being permitted to test (if rank fees not paid), or participate in classes or activities until dues payments are current. <u>Do not make your instructor ask you to pay, this is disrespectful to the school, instructor and system. Being responsible is part of the training, and paying dojang dues is part of that responsibility.</u>

Prohibited Behaviors-

- 1. Free sparring without supervision in the dojang. Don't do it. Ever.
- 2. Free sparring before class starts. Don't do it. Ever.
- 3. Individual instruction of ANYONE, inside or outside the dojang, without permission from your instructor.
- 4. Taking instruction from another instructor without permission from Grandmaster Kim Soo; teaching at another, non Chayon-Ryu dojang without permission; teaching anywhere other than a Chayon-Ryu dojang without permission.
- 5. Loud talking, laughing, noise, or distraction inside or around the school building.
- 6. Leaning against anything inside the school (walls, poles, furniture), whether sitting or standing.
- 7. Entering the desk or other off limits areas of the studio, except on official business.
- 8. Chewing gum in the school, or in class.
- 9. Smoking, eating, or consuming alcoholic beverages of any kind around the training hall, or school building.
- 10. Wearing hats or caps inside the dojang.
- 11. Showing or voicing personal prejudices in the dojang.
- 12. Displaying personal problems in the dojang.
- 13. Losing temper during training.
- 14. Any display of improper attitude in the dojang. ("Check your ego at the door"-GMKS)
- 15. Putting oneself, or one's own interest above the smooth working of the dojang, its classes or the organization as a whole.

Cleanliness-

1. Always wear a neat, clean, odor free uniform. Replace a very old or worn out uniform or belt with a new one. Do not look sloppy.

- 2. Come to class early, serious, sober and sedate.
- 3. Keep body clean and presentable, especially feet and hands. Cut finger nails and toe nails. Keep them short!
- 4. Do not wear any jewelry in class which can be broken, stolen, lost or which in sparring can injure others. LEAVE IT AT HOME. The dojang is not responsible for your possessions.
- 5. Take an active part in keeping the dojang clean at all times. When students come in for class, they are to look around and see what needs to be cleaned or repaired and take care of it. When finished cleaning, sit facing the wall and meditate to clear the mind for class.
- 6. Each Saturday morning, students must thoroughly clean the dojang.
- 7. Students are encouraged to contribute their professional talents or skills whenever they can, if they are needed or asked to help.

Dojang Etiquette-

- 1. Always reply to instructors with "Yes, Sir," or "Yes, Ma'am." Never say "yeah" or "Ok" or "Uhhuh."
- 2. Always reply when spoken to or asked a question. A student not knowing the answer should say, "I don't know, Sir (or Ma'am)."
- Uniform and street clothes are to be worn appropriately at all times. Including entering and leaving the dojang. No open jackets, sagging pants, or sloppy dress in class or the hallways, coming or going.
- 4. Never dress or undress in the dojang. Wear uniform pants to school; then put on jacket and belt at the school. After class, remove belt and jacket and put them in equipment bag. Never wear a complete uniform (belt and jacket) except in the school. Do not wear complete uniform on the streets while doing shopping, getting gas, eating in public, etc.
- 5. Bow to the flags when entering and exiting the dojang. If the flags are not on display, bow to the space. Always bow to students of higher rank.
- 6. Juniors initiate bows. Seniors release bows.
- 7. Always come to a complete stop, put feet together, and bow to someone. NEVER bow while walking, or with feet apart.
- 8. Students always bow to instructors when: class begins; class ends; instruction within a class starts or ends; when coming late into a class or session; when leaving class prematurely.
- 9. Always show respect for higher-ranked students, or any instructors. Do not second guess and instructor, or talk out of turn.
- 10. Never argue with anyone about anything in the dojang, particularly someone high ranked. Students who are busy talking cannot learn. ("Be silent, be serious" –GMKS)
- 11. Move quickly when getting in line for class. Everyone else waits for the first and second lines to form, so they can find a place. Ranks with stripes go at the top of the rank—eg., white-stripe purple belt lines up before no stripe purple belt. Always move quickly when asked to, for any reason.

- 12. When moving around in the dojang, walk around the walls. DO NOT walk through the middle of the classroom. This is for safety, for if people are sparring, the careless student walking through may get kicked or hit. But it is also just plain rude to walk through a space people are using.
- 13. The dojang is a microcosm of society; when one person puts his own interests above the well-oiled working of the group, the group does not function well. Fit in; take training seriously; stop thinking only about competing with others or showing off. Put gaining expertise in the martial arts first for this time period. Recite the Dojang Hun frequently to remember the reasons everyone is training here; try to represent these ideas.
- 14. Sit or stand attentively with good posture, during class or any time in the dojang. Do not play; train hard. When the instructor is lecturing or instructing, students will stand with feet together, heels touching, eyes on the instructor, hands down at the side. DO NOT distract others by moving around when someone is lecturing or instructing.
- 15. Do not talk when sitting on the floor at any time during a class or session. Ask questions after class or at breaks. Do not interrupt an instructor in the middle of teaching.
- 16. Sit properly. Only two ways are acceptable:
 - "Indian Style" sitting up, legs crossed, hands in lap. Or-
 - Seiza- sitting on knees, with feet under hips, hands in lap.
- 17. Never sit with arms around the raised knees, or lay down, or half-lay down. It's disrespectful. Just sit properly.

Remember: All students (including instructors) are the long term representatives of Chayon-Ryu and Kim Soo Karate, Inc. Uphold and honor the values and principles of the school at all times. Others can see how serious a person is by his or her behavior. Thus, it is to the student's advantage to behave in a civilized and humble manner. Never dishonor the school, its instructors, or Grandmaster Kim Soo.